

RELAPSE- LESSON 21



Principle 7: Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.



Step 11: We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out.

Let the word of Christ dwell in you richly . . . Colossians 3:16a (NIV)

Reserve a daily _____

Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak. Mark 14:38 (NIV)

E _____

Be honest in your estimate of yourselves, . . . Hate what is wrong. Stand on the side of good. Love each other . . . Be patient in trouble, . . . Do things in such a way that everyone can see you are honest clear through. Romans 12:3b–17 (TLB)

Listen to _____

But test everything that is said to be sure it is true, and if it is, then accept it. 1 Thessalonians 5:21 (TLB)

A _____ and quiet time

Be still, and know that I am God . . . Psalm 46:10a (NIV)

Plug into God's power through _____

Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. Philippians 4:6 (TLB)

Slow down long enough to _____

...listen to me. Keep silence and I will teach you wisdom! Job 33:33 (TLB)

Enjoy your _____

Be joyful always, pray at all times, be thankful in all circumstances. This is what God wants from you in your life in union with Christ Jesus.

1 Thessalonians 5:16–18 (GNT)

LEADER'S FOCUS QUESTION

What are some of the tools you have developed in your recovery to prevent RELAPSE?

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